

**CURSILLOS IN CHRISTIANITY MOVEMENT**

**THREE DAY CURSILLO**

**STEP BY STEP RECTOR'S GUIDE**

**By Eduardo Bonnin**

**June 11, 2019**

## **THIS IS THE WAY**

### **In the words of our founder Eduardo Bonnin:**

This is the way to conduct the Three Day Cursillo weekend today. This is the way through which, by the grace of God and the prayers of the brothers and sisters, it has been possible to achieve that a great many people over the years have had an encounter with Christ and decided to follow him.

I do not know how the Cursillo weekend will be conducted in the future. We started in a place where there was no electricity, and today we hand out the list of those attending the Cursillo printed by computer.

All I know is that if Cursillo is to remain faithful to the purpose for which it was intended and for which it was prayed and for which we have been grateful, it should not lower its target, and they should serve to give those who attend a “living”, simple, clear and true experience of the Christ of the Gospel as best as possible. He, who through his resurrection and by his Grace, is alive, normal and close in each person.

This requires and calls for a personal encounter between Christ and each person. Obviously, the evil of the world is the evil of the human person, and what the person needs most is to encounter himself and then to be able to grasp with joy, and even perplexity, the invitation that Christ gives to him, so that by being connected to Him by Grace, and through that same Grace, he will understand the joy that comes from spreading it to others.

By its very nature, Cursillo has to go deep down into the depths of the person, into his innermost and intimate self, not merely into the specific circumstances surrounding him: whether married or single, practicing or indifferent etc. There has to be nothing that might deflect him from the target at which he aims. The encounter has to be between Christ and the person, face to face, one-on-one, and everything at the weekend Cursillo has to be focused on that one-on-one encounter. The unavoidable reality of magnetism or attraction between the sexes, or the determining presence of a familiar person – such as professional, marital, or family bonds, makes this one-on-one encounter impossible. The reaction has to be personal, radical and authentic.

There should be nothing that prevents or hinders that radicalism, perplexity and enthusiasm, which occurs in the person when he truly and earnestly BELIEVES that Christ loves him. Since at the weekend Cursillo a new dimension of faith is discovered, much deeper than the normal one, things are different when the person is being observed by someone who is watching, awaiting his reaction. For this reason, a Cursillo weekend should not be mixed; nor is it in any way appropriate that father and son, mother and daughter, two brothers or sisters, employers and employees, or a married couple go to the same Cursillo weekend together. If men and women go

together to a weekend, no one will behave as they would if they went separately. Christ is looking for the person, not for what surrounds him.

Cursillo makes no assumptions.

The person, who really wants to be a Christian, realizes the distance they have to go to actually become a true Christian. They become aware of the fact that they have to try and lessen that distance at every moment of their life. The conscious Christian life led by the person who has awakened to the possibility of longing to become a true Christian, impels them to thank God for every good thing that happens in their life. Knowing that Christ has us in mind and cares for us, we also learn to offer Him our bitter moments which we sometimes make even more bitter because we ignore that what Christ wants is to temper us through them ... and make us better Christians.

Provided everything at the Cursillo weekend is done as it should have been, in the end everyone is sincere.

Eduardo Bonnín

[Note: Throughout the document square brackets have been used to affirm Eduardo’s mentality by clarification and or explanation from Mallorca.]

[This timeline is to be used in accompaniment with – and not independent of – the Lay Rollo Manual (dated June 2019) and the Spiritual Advisor’s Manual (dated July 2016). While some changes may be necessary due to circumstances beyond our control, the amount of time allocated for Rollos, table discussion, corridor work, posters, and visits to Blessed Sacrament should be the last ones to be compromised and every effort should be made to keep the sequence described. The **sequence** and **time allocation** are what is most important NOT the schedule suggested below.]

**THURSDAY**

As appropriate	Meeting place with the candidates
As appropriate	Departure to Cursillo location
7:00 pm	Arrival at Cursillo location
7:45 pm	"PRELIMINARY" rollo
8:45 pm	Chapel: First Meditation: "Know Yourself"
9:20 pm	Way of the Cross Break, Reading "Bankruptcy" (Appendix 2)
9:45 pm	Second Meditation: "The Prodigal Son"
10:15 pm	Examination of Conscience - First Night (Appendix 3) and Night Prayers
10:45 pm -approximately	New Cursillistas retire to bed
10:45 pm -approximately	Team Leaders Meeting

## FRIDAY

### First Day of the Three Day Cursillo

7:00 am	First Bell
7:25 am	Second Bell
7:30 am	Chapel: Morning Prayers and Morning Offering Third Meditation: "The Three Glances of Christ"
8:00 am	Mass – Eucharist
8:30 am	Breakfast
9:15 am	Preparation of Rollo Room (Appendix 1: Workshop Materials) Pray with Rollista in Chapel (Team Leaders)
9:30 am	Talk by Rector before Ideal Rollo (Appendix 5)
9:45 am	Rollo: "Ideal"
10:15 am	Hobbies Sheet Explanation (Appendix 7)
11:00 am	Rollo: "Habitual Grace"
12:30 pm	Lunch
2:15 pm	Prepare Rollo Room Pray with Rollista in Chapel (Team Leaders) [before every rollo]
2:30 pm	Rollo: "The Layperson: A Christian in the World"
4:00 pm	Rollo: "Actual Grace"
6:00 pm	Dinner
7:30 pm	Rollo: "Piety" Intervention of the Rector (Appendix 8) Visit to the Blessed Sacrament together (Team Leaders, Spiritual Advisors and Cursillistas (Appendix 9)
9:15 pm	Gathering of Table Groups. Presentation of Posters (Appendix 10)
10:15 pm	Chapel: Examination of Conscience and Night Prayers
11:00 pm	Meeting with Heads and Secretaries (Appendix 11)
11:30 pm	Team Leader's Meeting

## SATURDAY

### Second Day of the Three Day Cursillo

7:00 am	First Bell
7:25 am	Second Bell
7:30 am	Chapel: Morning Prayers Fourth Meditation: "The Person of Christ"
8:00 am	Mass – Eucharist
8:30 am	Breakfast
9:30 am	Rollo: "Study" (See Appendix 12 – Story of John)
10:45 am	Rollo: "Sacraments"
12:30 pm	Lunch
2:30 pm	Rollo: "Action"
4:00 pm	Rollo: "Obstacles to Grace"
6:00 pm	Dinner
7:30 pm	Rollo: "Leaders"
8:15 pm	Visit to Blessed Sacrament and Holy Rosary
9:00 pm	Fiesta [Social Gathering]
10:00 pm	Reunion of the Table Groups [in the Rollo Room] Presentation of Posters
11:00 pm	Chapel: Examination of Conscience Night Prayers
11:30 pm	Team Leader's Meeting

## **SUNDAY**

### **Third Day of the Three Day Cursillo**

6:55 am	Mañanitas (Appendix 13)
7:45 am	Chapel: Morning Prayers Fifth Meditation: "Christ's Message to the Cursillistas"
8:15 am	Breakfast
	Group Photo
9:00 am	Rollo: "Study of the Environment"
10:45 am	Rollo: "Life in Grace"
12:00 pm	Mass – Eucharist
1:00 pm	Lunch
2:00 pm	Rollo: "Christianity in Action"
3:00 pm	Rollo: "The Cursillista Beyond the Cursillo"
3:30 pm	Rollo: "Total Security" – Group Reunion and Ultreya
5:00 pm	Clausura (Appendix 15)
6:15 pm	Team Leaders give thanks before Blessed Sacrament

## **THE THREE DAY CURSILLO**

### **SCHEDULE FOR THE FIRST NIGHT OF THE WEEKEND**

#### **6:30 pm Place where the candidates will arrive**

[Everyone including team, candidates, sponsors and other Cursillistas meet at an appropriate place and time.]

From this very moment we will offer all our enthusiasm, dedication and spirit of charity (love).

We are not here to say farewell to the candidates but to welcome them.

Inform the Rector as the candidates arrive.

Pay attention to and take care of everyone in a natural manner, especially those who have isolated themselves.

#### **Traveling to the Retreat House**

[The team and the candidates travel to the Retreat House or Cursillo location together.]

See to it that friends or acquaintances go in separate cars.

Listen to the candidates and try to get to know them. Do not disclose anything to them as of yet.

Try to spot potential leaders to be assigned as Table Heads and Secretaries for the formation of the Table Groups.

Try to find out, with discretion, what their attitude is concerning the Cursillo

#### **7.00 pm Arrival at the Retreat House**

(See Appendix 1 – Things to Bear in Mind)

On arrival at the Retreat House continue to accompany them, talk to them, and help them with luggage to where the room assignments will be made.

When all the Team Leaders and Spiritual Advisors have arrived, they (the Team Leaders and Spiritual Advisors) will go to the Blessed Sacrament to make a first visit with the Lord.

[This is a very brief visit, only a few minutes while the candidates are waiting to be shown to their rooms.]



## FIRST NIGHT

Make sure that the farewell to all those who accompany the candidates is done as quickly as possible.

[This applies to sponsors or friends who have brought candidates who were not able to travel to the retreat center with the team.]

Do not start until all the candidates are there.

### **Room Assignments**

Begin with a short welcoming speech to the Cursillistas attending Cursillo Weekend number so and so ....

Before assigning the room number to each new cursillista, it is advisable the Rector explains that people acquainted with each other or coming from the same place have been separated, not to annoy anybody but with the aim of making it easier for us to get to know everyone. Say also that there will be several members of the team who will accompany them and help them find their rooms.

[Adjust what is said to meet your reality. The point is that where possible, those new cursillistas who already know each other, will be separated.]

Inform them that it is only to leave their suitcase and to return immediately to this same place.

Then proceed to assigning the rooms, calling each of the new cursillistas by their first and last name, asking them to stand up.

Once everybody has been assigned their room number the Team Leaders will accompany the new cursillistas to their rooms.

It is advisable that no one leave the gathering room before completing the sleeping room assignments, because in this way, they can begin to know the names of all their new friends for the first time.

### **7:45 pm – 8:30 pm "PRELIMINARY" Rollo [by the Rector]**

Once we have made sure all the new cursillistas, Team Leaders and Spiritual Advisors, are present in the Rollo Room, the Preliminary rollo will begin.

Its duration should not exceed 30 minutes.

Before beginning the Preliminary rollo, the Rector will indicate that we usually start all our activities by saying the "Prayer to the Holy Spirit", inviting all attendees to stand up for this.

## FIRST NIGHT

[The Rector leads the prayer; the Team Leaders will probably join in; it is the first sign of the naturalness of prayer.]

After the Preliminary Rollo the Rector tells everybody that we will be going to the chapel to begin the first meditation, insisting on keeping the silence.

As they are coming towards the chapel, everybody: new cursillistas, Team Leaders and Spiritual Advisors, will be given a copy of the *Pilgrim's Guide*. Stress the need to carry the Guide with them at all times. Explain that the blank pages should not be filled in and that the purpose of these pages will be explained later.

Ask everyone to put their name on the page intended for that purpose.

The Rector gives thanks after the rollo.

[Prayer of Thanksgiving from the *Pilgrim's Guide*, page 130, an Our Father and a Hail Mary. Those who know the prayers and responses will join in.]

At the end of the rollo, it is advisable for someone to alert the kitchen to tell them the approximate time when they will be taking a coffee or snack break.

### **8:45 pm First Meditation: "Know Yourself" - Why are you here?**

The Rector asks them to let this be a 'pause' in their life, "How are you?", just to reflect on one's own life. It will be helpful to look backwards and see what the film of one's life has meant to him.

Make sure everybody is present.

Before the Rector begins with the preparatory prayer for the Meditation, he will indicate the most appropriate posture to adopt in the chapel.

[This is simply the most comfortable position for them. Some may like to kneel while others prefer to sit and some may wish to stand. At the Rector's discretion.]

"Preparatory Prayer before Meditation" (*Pilgrim's Guide*, page 27)

#### **Meditation**

After the meditation: "Thanksgiving after Meditation" (*Pilgrim's Guide*, page 29)

After this meditation the Rector leads Father Llanos' *Way of the Cross* contained in the *Pilgrim's Guide*, page 105. Select three cursillistas: one to carry the Cross and the other two to carry the two candles and we say that if they find them heavy to carry it was indeed much heavier for Christ, who did it and had to suffer it in reality.

The text has to be read aloud, deliberately, unhurriedly, and well.

[This is done very simply with no additions, music or embellishments.]

## FIRST NIGHT

Once the *Way of the Cross* is finished the Rector will inform everyone that there will be a few minutes for a washroom break if they wish.

{Keep in mind we are in silence.}

When we Ring the bell, please go to the room indicated for dinner (or snack).

### **9:20 pm Bankruptcy Reading**

The Rector introduces the story "Bankruptcy", (Without Christ and With Christ)  
**(APPENDIX 2)**

So that the silence makes no one feel ill at ease, the readers must try and read slowly, so that the reading lasts through the session. The Team Leaders will take turns doing the reading; it is not necessary that all the Team Leaders read.

At the end of the snack, after the reading of "Bankruptcy", we give a few minutes for everyone to stretch their legs, keeping in mind that we are in silence.

Ring the bell to go to the chapel for the second meditation.

### **9:45 pm Second Meditation: "The Prodigal Son" - God, revealed by Christ**

The Rector introduces the Spiritual Advisor who gives the Meditation. The Parable of the Prodigal Son, is explained but with emphasis on the father's attitude at the return of his son.

Whatever each of our lives has been, it is always possible to return to the house of the Father who is waiting for us with open arms.

Preparatory Prayer before Meditation (*Pilgrim's Guide*, page 27)

Meditation

Thanksgiving after Meditation: (*Pilgrim's Guide*, page 29)

Followed by:

### **10:15 pm Examination of Conscience and Night Prayers**

The Rector will point out that, since this is the first night of the weekend, we will do a special Examination of Conscience which is not in the *Pilgrim's Guide*.

[The Rector leads this.]

**See APPENDIX 3: Examination of Conscience – First Night**

The night prayers are done with the *Pilgrim's Guide*.

Read out loud and clearly.

**Night Prayers:** From the *Pilgrim's Guide*, page 70.

## FIRST NIGHT

At the conclusion of the night prayers, the Rector will give a series of practical notices:

- 1. Now we will go to our rooms in silence and we should try to rest because tomorrow will be a busy day.*
- 2. Tomorrow at seven o'clock the bell will ring and you will have 25 minutes to get ready, shower, etc.*
- 3. At 7:25 am the bell will ring again for us all to be here in the chapel at 7:30 am. Remember to always carry your Pilgrim's Guide with you.*
- 4. If someone gets up before 7:00 am try not to make noise, because we have to get our maximum rest and the bell will not ring until seven o'clock. Remind them of the "Spirit of Charity (Love)."*
- 5. If you need something, ask for it.*
- 6. Remind them that silence continues until tomorrow morning after Mass.*
- 7. There is a Priest available in case anyone wants to talk to him or receive the Sacrament of Reconciliation.*

Say good night to the cursillistas with a: "See you tomorrow at 7:30 am here at the chapel."

### **10:45 pm (approximately) Cursillistas retire to bed.**

After the cursillistas have all gone to rest, one of the Team Leaders will go around the corridors for a few minutes to prevent the formation of groups, the breaking of silence or disturbing someone's rest.

Provide assistance if there is any need for water, restroom, blankets, lights, etc.

If the Team Leader assigned to this task has to say something, he will do it quietly and with full respect for silence.

### **10:45 pm (approximately) TEAM LEADERS' MEETING.**

This will begin once you are satisfied all the cursillistas are now resting in their rooms.

It will take place in the location prepared in advance.

## FIRST NIGHT

All the Team Leaders and Spiritual Advisors will attend this meeting. It begins with the "Prayer to the Holy Spirit".

We will start by reading the notes on the candidates and adding missing data and filling in all the "quadrant sheet" finding out the particular circumstances of each of the candidates so that, when talking to them, we know what to expect.

[Quadrant Sheet - A list is made of the new cursillistas assigning them numbers 1 to 4 in terms of where they are in relationship to God. (1 being very close to God, 4 being far from Him). The same thing is done according to their attitude to the Cursillo itself.]

[This is the same psychology as is used in the Study of the Environment rollo, discerning what their attitude is in order to best know how to approach them. It is not meant to be judgmental.]

We will insist on the confidentiality of the information and will take care **not** to leave the list within reach of others.

[Every Team Leader is given information on all the candidates. This is done before the groups are formed.]

### **Formation of the Table Groups: Election of Heads and Secretaries of each Table Group.**

Each table is made up of 4 to 6 candidates. One of the candidates is appointed as the Table Head and another is appointed as the Secretary.

[The number of candidates at a table is determined by criteria, not by rules.]

The Team Leader(s) assigned to each Table Group **do not** form part of the table assignment list.

If there are new cursillistas who in their professional lives are bosses or managers, it is best they give the place to people who have ability and personality, but have never in their lives been head or director of anything, unless it is appropriate to do otherwise.

As for the choice of Secretaries, pick out those with some ability to write.

After the selection of Heads and Secretaries [from new cursillistas], proceed to the formation of Table Groups, taking into account the following criteria:

- Separate: friends, people living in the same village or town, people with the same background, profession, etc.
- Mix cursillistas in a varied way so in each Table Group there is a representation of all ages and social positions.

## FIRST NIGHT

Once all the Table Groups are formed, the Rector will read them out to make sure no errors have been made.

At a weekend for men all the Table Groups are given the name of a male Saint (Saint Peter, Saint Paul, etc.), and the name of a female Saint or Holy Virgin at a Cursillo for women.

Draw up the "Table Group lists" (one for each Table Group), names of all the cursillistas and indicating who is Table Head and Secretary.

Write the Table Group name at the top of the list followed by the name of each member, beginning with the name of the Head and the Secretary, stating their distinction along with their name.

The next morning, once the Table Groups have been appointed and have occupied their respective tables, the Rector will hand out the corresponding list to the Head of each Table Group.

Designate the Team Leaders who will accompany the Table Groups.  
Neither the Rector nor the Spiritual Advisors will be part of any Table Group.

It is advisable to remind the Team Leaders that the next morning they should occupy their place at the table straight away, before the new cursillistas, thus avoiding having to ask the new cursillista to make room for them once the Table Groups have been assigned and the cursillistas are already seated at their places.

Review the plans and schedule for the next day, the first day of the Cursillo.

Review the technique of the first day: Corridor work, sounding out, appraisal and performance of the Table Head.

[This means to talk about whether or not each Table Head is comfortable in the role.]

Remember you have to be a good listener and let the cursillistas talk. Do not give advice or solutions.

Each Team Leader should know the first and last name of all the members of his Table Group and talk to every one of them on the first day, exchanging views with them.

Each Team Leader will encourage the cursillistas to work in the Table Groups. Encourage them, but do not do the work himself. Being attentive to what they might need. Help anyone who might have difficulty in writing or taking notes.

Be discreet when handling information and lists. Take care not to let the new cursillistas sense that we have information about them or their personal characteristics.

## FIRST NIGHT

The Team Leaders should not form cliques or small groups: looking or acting like you are important because you are a Team Leader.

All Team Leaders are to be present at every Rollo and activity of the weekend, take notes and do corridor work.

Team Leaders have to pray and sing with conviction and receive Communion every day. If one wishes to receive the sacrament of reconciliation, it is best to do so at the times proposed by the Rector in the chapel.

### **Designate the Team Leaders responsible for:**

- Ringing the bell
- Setting up the room for the Rollos.
- Starting the jokes and stories in the dining room, after each meal.
- Handing out the break activity items: ball, jump rope, etc. and getting all items back during the breaks. (See APPENDIX 1B-4)
- Giving out the Table Group lists with the names of all the members and detail of those who are Heads or Secretaries.
- Distributing and collecting the "Hobbies Sheets".
- Seeing to it that the chapel is ready for the Meditation and Eucharist.
- Initiating the singing of the hymn The Three Young Men, ("Bless the Lord all you Works of the Lord") in thanksgiving after the Mass.  
[This can be said using the *Pilgrim's Guide* beginning on page 51.]
- Initiating the songs before the Rollos. Reminding the Team Leaders that, before each Rollo, the whole team pays a visit to the Blessed Sacrament with the rollista. [This only takes a few minutes.]
- Organizing the seating of the Team Leaders in the dining room and in the chapel. [In the chapel the leaders take seats apart from each other. In the dining room one leader per table.]
- Reviewing the schedule and Rollos of the first day.
- Reminding the "Ideal" rollista not to say the "Prayer to the Holy Spirit" (because it has already been done when the Rector opens the day).
- Reminding the "Piety" rollista not to give thanks to the Lord. (Rector will do it). [It is the Prayer of Thanksgiving from the *Pilgrim's Guide*, page 130: "We give you thanks almighty God..."]

Clarify any doubts that may have arisen.

Visit the Blessed Sacrament, say goodnight, and go to bed.

## **SCHEDULE: FIRST DAY - THREE DAY CURSILLO**

### **7:00 am First bell**

It is advisable to knock at the doors of each room while the bell is being rung to prevent the stragglers from falling behind.

Time to get ready and dressed.

### **7:25 am Second bell**

Meet at the entrance to the chapel.

Before entering the chapel, make sure all the new cursillistas, Team Leaders and Spiritual Advisors are present and ready to start.

### **7:30 am Chapel**

Before starting Morning Prayer make sure everybody is there: new cursillistas, Team Leaders and Spiritual Advisors.

The chairs should be placed and counted, to ensure there are not too many chairs.

See to it that the new cursillistas occupy the front rows.

The Team Leaders will occupy the seats allocated at the meeting the night before.

The Rector will remind everyone when to sit, stand etc.

The Rector will stay at the rear of the chapel.

### **7:30 am Morning Prayers and Morning Offering**

*(Pilgrim's Guide, page 19)*

The Rector will say the "Preparatory Prayer before Meditation" (*Pilgrim's Guide, page 27*) before the Spiritual Advisor begins the Meditation.

**Meditation: "The Three Glances of Christ"** – Which glance do you deserve from Christ?

At the end the Rector prays the "Thanksgiving after Meditation" prayer (*Pilgrim's Guide page 29*) and then announces that Mass will follow immediately.



### **8:00 am MASS - EUCHARIST**

- One of the Team Leaders will prepare the altar and will do the readings.
- When the Priest is ready to say the Mass, the Rector will read the introduction to the Mass. (*Pilgrim's Guide*, page 33)
- If there is more than one Priest on the weekend, one Priest is available before Mass to hear confessions. Remind the cursillistas of this fact.
- Advise everyone they should take the most comfortable position (sitting, standing, kneeling, etc.).
- The Rector will indicate where to find the prayers of the Mass in the *Pilgrim's Guide* (pages 33-47).
- During the Mass the Rector will say the petitions at the time of General Intercessions. (**See APPENDIX 4 – Our Petitions during the Mass**)
- The Spiritual Advisor informs them that communion is a voluntary act, with the only condition being that of living in Grace.

During communion the Team Leaders will watch and see who goes to receive communion and with what attitude they do it.

After the Mass the Rector will give thanks to God using the prayers from the *Pilgrim's Guide*, page 49, and then the hymn of the Three Young Men, ("Bless the Lord All you Works of the Lord") is sung or spoken. See *Pilgrim's Guide* page 51.

At the end of Mass, the Rector will announce that from this moment the silence is over and we all go to have breakfast.

### **8:30 am Breakfast (dining room)**

The Team Leaders will take their place at the table, separated from each other in order to mix among the cursillistas and take advantage of their proximity to start the "sounding out".

- One of the Spiritual Advisors will say grace.  
[If no Spiritual Advisor is present, the Rector says grace.]
- The Team Leaders and the Spiritual Advisors will serve at the tables.
- Before finishing breakfast, crack a few jokes so as to create a friendlier atmosphere.
- After breakfast, one of the Spiritual Advisors will give thanks.  
[If no Spiritual Advisor is present the Rector gives thanks.]
- Advise everyone that there is a break until the bell rings again.

Once outside the room one of the Team Leaders will hand out the football, baseball, jump ropes, etc.

The Team Leaders who do not have to prepare the Rollo room will mix with the cursillistas on an equal footing. Those Team Leaders who did not take a turn at setting the table will prepare the table for the next meal.

### **9:15 am Preparation of the Rollo Room**

During this break two or three Team Leaders will prepare the rollo room (tables, chairs, table names) and make sure the necessary materials - hobbies sheets, poster paper, pens, notebooks, crayons, first aid items, etc. - are ready to be handed out. The material should not be distributed until after the talk by the Rector.  
(See **Appendix 1 – Materials for Three Day Cursillo**).

[The members of the team (all of them) go to the chapel with the Rollista to pray before every rollo.]

### **9:30 am Ring the Bell to go to the Rollo Room.**

**Talk by the Rector BEFORE the “Ideal” Rollo:**  
**See APPENDIX 5 – We Form the Groups [read by Rector]**  
**See APPENDIX 6 – “Professor Cook” anecdotal story (read by Rector)**

### **9:45 am ROLLO: “IDEAL”**

The Rector says, "And now we will begin with the first "rollo" of today, which is going to be given by "\_\_\_\_\_".  
Do not say the “Prayer to the Holy Spirit” as it has already been done.

### **10:15 am After the “IDEAL” Rollo**

[The person assigned to do so gives out the Hobbies Sheets.]

- “Hobbies Sheet” Explanation – **See APPENDIX 7**

The Rector will explain how to fill in the Hobbies Sheet. The Team Leaders and Spiritual Advisors should also complete the Hobbies Sheet.

- *In order that at the end of the Cursillo we have each and every sheet with their name, address and phone number of all of us who have lived this Cursillo.*
- Tell them once they are completed, they are to be given to the Table Head or Secretary and that they will be collected before the start of the next rollo.
- It is important that the data is clear, and it is advisable that before handing in the Hobby sheets a review is made for any missing data and a check that it is legible.

Hand out poster paper, pencils, crayons, erasers, and pencil sharpeners etc. for the creation of the posters.

[The posters may not be completed on time and the Rector encourages the members of the tables to work on the posters throughout the day.]

## FIRST DAY

The Rector announces that there is a break to stretch our legs and clear our heads, insisting that everybody should get organized to carry out the summaries and posters.

It is appropriate to take out the football or jump ropes etc. again at the beginning of the break.

### **11.00 am ROLLO: "HABITUAL GRACE"**

Collect the Hobbies Sheets.

[An explanation of the origins of the "De Colores" song is given before the Habitual Grace rollo.]

*Before the Rollo we will sing "De Colores" to clear our heads and warm up the atmosphere. [Only two verses are sung.]*

The Rector will announce the name of the Spiritual Advisor who is going to speak.

If time permits, upon completion of the Rollo, the Rector will say there is a short break, and that at the next bell everybody should go to the dining room.

### **12:30 pm Lunch**

The Team Leaders and Spiritual Advisors will sit at different places to those they occupied at breakfast so as to provide an opportunity for others. If a Team Leader "wants" to sit next to someone, it is very simple, he just has to "keep track" of him or ask if they can chat with them during the meal and go together to the table in a natural way.

After grace is said by one of the Spiritual Advisors, the food, as always, will be served by the Team Leaders and Spiritual Advisors.

After the meal, when the dessert plates are being cleared away, start the joke session and keep it up until the Rector indicates that lunch is over. Upon completion, the Rector will say there is free time to work, to play or even to retire to rest for a while and at the sound of the bell, everyone will meet again in the Rollo room.

The Spiritual Advisor will give thanks.

### **2:15 pm**

Prepare Rollo Room

Pray with Rollista in Chapel

[before EVERY rollo - Team Leaders, 2-3 minutes]

### **2:30 pm ROLLO: "THE LAYPERSON: A CHRISTIAN IN THE WORLD"**

Before the Rollo there must be a little "livening up" of the atmosphere.

## FIRST DAY

[The Rector simply states: "The next rollo is given by..." This is repeated before every rollo.]

After the Rollo the Rector will give a reminder about posters, summaries, free time, break etc.

### **4:00 pm ROLLO: "ACTUAL GRACE"**

Free time for posters, summaries, going for a stroll, etc.

### **6:00 pm Dinner**

There is free time here for people to work on their summaries and posters if they want or need to.

### **7:30 pm ROLLO: "PIETY"**

Before beginning the Rollo dedicate a few minutes to warm up the atmosphere with songs.

### **Rector's intervention after the "Piety" rollo (see Appendix 8)**

*After the Rector's intervention (talk) we will visit the Blessed Sacrament together (Team Leaders, Spiritual Advisors and new cursillistas):* **See APPENDIX 9: Visit to the Blessed Sacrament**

[The Rector will need to decide how much time can be allowed for posters and summaries for the Piety rollo to allow sufficient time for the visit to the Blessed Sacrament.]

### **9:15 pm Gathering of Table Groups. Submission of summaries and posters**

**See APPENDIX 10: Reunion of the Table Groups.** Submission of posters and summaries.

- "Prayer to the Holy Spirit"
- *This is the last action of the day in the Rollo room and it should be cheerful. Let's do a review of the day. This is also a serious time because you have to respect the one who is speaking and explaining their poster.*
- *We are not going to give a Rollo, or a Lesson or a critique. We are going to express what is the central idea of each rollo.*
- *The Rector names the rollo, and then calls on the Table for its representative to read the rollo summary and explain the corresponding poster of the day's rollos: Ideal, Habitual Grace, Laity, Actual Grace and Piety.*
- *There is no need to have the Table Head or Secretary give the summary but anyone from the Table can do it.*

## FIRST DAY

- At the end, the Rector will make an assessment of the Summaries stating, “*This day has not been bad, but surely tomorrow will be better*”. Then it is explained that we are going to say good night to the Lord in the Chapel.

### **10:15 pm Examination of Conscience and Night Prayers.**

- The Examination is done following the *Pilgrim’s Guide*, however, circumstances experienced during the day may be introduced.  
Emphasize whether there has been enthusiasm, dedication and spirit of charity (love).
- Examination of Conscience, *Pilgrim’s Guide*, page 65.
- After the Examination of Conscience, we say Night Prayers also following the *Pilgrim’s Guide*, page 70.
- At the conclusion of the Night Prayers, the Rector will insist we all need to have a good rest and will ask the cursillistas not to linger chatting in the corridors because tomorrow we will have a busy day. The bell will ring, like today, at 7:00am and again at 7:25am to meet at 7:30am in the chapel.
- The Rector will say that there is a Priest(s) available in case somebody wants to stay and talk to them or go to confession.
- The Rector will ask the Heads and Secretaries of the Table Groups to stay in the chapel for a moment and say the rest can go to bed, except those who wish to stay and go to confession. (See Appendix 11 – Visit with Heads & Secretaries)

### **11.00 pm Visit with Heads and Secretaries**

- When we are sure all the other new cursillistas are already in their rooms, after one of the Team Leaders has gone around the corridors for a few minutes, the Heads and Secretaries will be invited to join the Team Leaders in front of the Blessed Sacrament.  
[This visit is to encourage the Heads and Secretaries to take ownership with humility of what is happening at their tables and simply to say ‘good night’ to the Lord.]

### **APPENDIX 11: VISIT WITH HEADS AND SECRETARIES – First Day**

- The visit begins with the “Prayer to the Holy Spirit”.  
[The visit ends with the “Lord’s Prayer”, Hail Mary and Glory Be, after which the Heads and Secretaries go to bed or to confession if they wish.]

### **11:30 pm TEAM LEADERS MEETING**

- [After the Heads and Secretaries leave and the Spiritual Advisors arrive], The Team Leaders and Rector will review each Table Group one by one. Each Team Leader will say whether his Table Group is running smoothly, and the attitude found in each of its members, setting the plan for the next day about who should talk to whom and so on.

## FIRST DAY

- Insist on the “corridor work”, the “stabbing” ...[or “final push”]  
[This means to go back to any topic that a cursillista may have brought up previously to make sure the cursillista feels satisfied. The most important thing in the corridor work is that no one leaves the 3-days without bringing up the thing that bothers them the most. The team member at each table needs to do this with each of his table members. If this doesn't happen, then during the team meeting the night before the table team member passes it on to another team member. The most important part of corridor work is to create and cement the bond of friendship that will carry them into the Fourth Day.]
- Insist on the Team Leaders not getting together forming cliques. We must divide up and mix with the cursillistas in the dining room and in the Chapel, setting the tone, singing, praying aloud, etc.
- Emphasize the plan for tomorrow will be focused on the encounter with God, helping the cursillistas to face their problems, enlightening them. In some cases it is advisable to tell them to consult with a Priest.
- Corridor work brings everyone to an equal footing. If you find it appropriate suggest going to confession.
- After the “Study” Rollo, visits to the Blessed Sacrament by Table Groups begin.
- Notice who has gone to Communion and the attitude with which he has done it.
- Preparation of the Fiesta “improvised” [Social Gathering].
- Have a quick look at tomorrow's Rollos: Study, Sacraments, Action, Obstacles and Leaders.
- Ensure the team meeting does not take longer than is necessary.
- Visit to the Blessed Sacrament.

## **SCHEDULE: SECOND DAY - THREE DAY CURSILLO**

### **7:00 am First Bell**

Shower and dress

### **7:25 am Second bell.**

### **7:30 am Chapel**

The Rector will remind everybody there is a Priest available in case someone wants to go to confession.

### **Morning prayers (*Pilgrim's Guide*, page 19)**

Preparatory Prayer for the Meditation (*Pilgrim's Guide*, page 28)

[Prayer's brief introduction is no longer needed for the last two meditations; instead we begin on the second page with Prayer to the Holy Spirit.]

### **Meditation: "The Person of Christ".**

After the meditation. "Thanksgiving after Meditation" prayer (*Pilgrim's Guide*, page 29)

### **8:00 am MASS - EUCHARIST**

When praying for the special intentions of the Mass, the Rector will highlight some intentions such as:

- That this Mass may help us to live with enthusiasm, dedication and spirit of charity (love).
- For those present who still have not opened their mind and heart to the spirit of the Cursillo.
- For all the people who are now taking care of our families and, in so doing, have made it possible for us to be here today.
- For the problems of each one of us.
- For him who needs the benefits of this Cursillo the most and for him who believes they need it the least.

**Before communion:** Remind the cursillistas this is a voluntary act, with the only condition being that they are living in Grace.

### **8:30 am Breakfast**

As on the previous day, when everyone is in the dining room a Spiritual Advisor will say grace and with the Team Leaders will serve the tables and will sit at different places in order to talk to anyone who wishes.

When breakfast is coming to an end, it's time for telling a few jokes.

## SECOND DAY

Before the Spiritual Advisor gives thanks for the breakfast, the Rector will insist that at the sound of the bell everybody should go to the “Rollo” room.

Do **not** hand out the football, basketball, jump ropes, etc. to the cursillistas yet. If someone asks for them just say, "not available".

### **9:30 am ROLLO: “STUDY”**

#### Signing of Pilgrim’s Guide

After the rollo, the Rector explains the reason for the blank pages in the Pilgrim’s Guide. He suggests to the cursillistas that it would be a good thing to have the signatures of everyone as a memento. He tells the cursillistas that they can go to each table with their *Pilgrim’s Guide* to ask for the signature of each cursillista. Everyone should put their name on the front page of the Guide and the name of each Table Group on each of the blank pages. [He tells them there is no rush, they have two days to do it.]

Let the cursillistas know which pages should be left blank for the signature of the Team Leaders and Spiritual Advisors - who will sign the next day.

[The Team Leaders don’t sign until the third day using it as an opportunity to reach the cursillistas.]

The Rector also signs their *Pilgrim’s Guide* from now on and uses this interaction to encourage the tables to make visits to the Blessed Sacrament both by Table Groups and individually.

[It is best if the tables do not go to the chapel if another group is already in there.

The Table Groups go spontaneously to the chapel, the Rector does not direct them when to go and they are encouraged to go as often as they wish.]

We need to emphasize the desirability of becoming familiar with the Lord and to do this it is best to go and see him. The final word is always that of Christ, and here we have Him in the Blessed Sacrament looking forward to our visit.

### **See APPENDIX 12: “THE STORY OF JOHN”**

After reading the story, the Rector refers to the palanca received for the Cursillo, indicating he will leave them on the table, in the room where the rollos are given, so the cursillistas can read them at any time.

The palanca is left there until the end of the Three Day Cursillo weekend.

Also, if appropriate, remind the cursillistas that the Priests are permanently available to them, both for confession and for spiritual direction or just to talk etc.



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From now on, if it has not been possible before, we must begin the “corridor work”. Talk one-on-one with everyone, especially the Table Heads of each Table Group and with each of the members of their Table Groups.

The Rector will endeavor to talk to everyone every day.

### **10:45 am ROLLO: "SACRAMENTS" - “How Christ is given to you”**

At the end of the “Rollo” we have to see to it that all go quickly to the chapel to make a joint visit to the Blessed Sacrament. This visit will be led by the Spiritual Advisor who has given the Rollo.

### **12:30 pm Lunch.**

Follow the same procedure as in the previous meals.

At the end of the meal, before thanksgiving, the Rector will announce that until the start of the next Rollo there is free time that we can dedicate to rest, to continue with the summaries, posters, visits to the Blessed Sacrament, signing the *Pilgrim’s Guides* etc.

### **2:30 pm ROLLO: "ACTION"**

After the Rollo if it is appropriate or necessary, remind the cursillistas of the tasks remaining: visits to the Blessed Sacrament etc.

### **4:00 pm ROLLO: "OBSTACLES TO THE LIFE OF GRACE"**

After the Rollo, if it is appropriate or necessary, remind the cursillistas of the tasks remaining: visits to the Blessed Sacrament etc.

### **6.00 pm Dinner**

At the end of the meal, before thanksgiving, the Rector will announce that, until the start of the next Rollo, there is free time we can dedicate to rest, to continue with the summaries, posters, visits to the Blessed Sacrament, signing the *Pilgrim’s Guides* etc.

### **7:30 pm ROLLO: "LEADERS"**

After the rollo, the Rector announces that we will go to the Chapel

## SECOND DAY

### **8:15 pm VISIT AND HOLY ROSARY**

The Rector leads one of the Mysteries of the Rosary if there is time but at least one decade. [Pray it as simply as you would at home.]

See the *Pilgrim's Guide*, page 55.

After the Rosary we ask everyone to approach the Blessed Sacrament for a visit led by the Rector who will thank the Lord for all we have received today, which is the fruit of His love and of the contribution of enthusiasm, dedication and spirit of charity (love) of all of us present. We also pray for those who pray and sacrifice a great deal for us, for all our own intentions, for those who still walk with their “umbrella open”, etc.

After the visit there should be a few minutes of rest, time to catch up on summaries and posters. Indicate the bell will shortly summon us all into the Rollo Room.

Some leaders will prepare for the Fiesta [social gathering].

### **9:00 pm FIESTA “improvised” [SOCIAL GATHERING]**

Jokes, games, songs, humorous stories - relaxation

### **10:00 pm Reunion of the Table Groups in the Rollo Room**

Reading of the summaries and presentation of the posters.

At the end of the meeting the Rector will commend the improvement of the work done, indicating that tomorrow will be better still.

[This should be said lightheartedly using irony.]

### **11:00 pm – CHAPEL: Examination of Conscience and Night Prayers**

Examination of Conscience and Night Prayers (*Pilgrim's Guide*, page 65)

After the prayers, remind the cursillistas that the Priest(s) are available to everyone for confession or to talk with them. As we did the previous day, ask the Heads and Secretaries to stay on for a few minutes more.

Warn everybody that tomorrow the bell will ring again at 7:00 am.

After others have left, during the visit with the Heads and Secretaries of Table Groups in front of the Blessed Sacrament, we ask them to cooperate in helping those most in need, those who feel most lonely, he who has not quite given himself over to the process, and so on.

We end this visit by praying the “Our Father”, “Hail Mary”, and “Glory Be”.

**11:30 pm TEAM LEADERS MEETING**

We review the work and smooth running of each of the Table Groups and the cursillistas in turn. If there are still one or several cursillistas who have not yet decided to live in Grace, specify who is going to talk to them.

Emphasize that on the last day we all have to have direct contact with each and every one of the cursillistas, but not only at the time when they submit their *Pilgrim's Guide* to us to have it signed, but also during the free times, meals etc. Indicate that if appropriate and without forcing anyone, to invite the cursillistas, after speaking with them, to finish the conversation before the Lord in the Blessed Sacrament.

We should recommend keeping on with the collective visits and also accompany them on some individual visits.

Explain all about the signatures in the *Pilgrim's Guide*.

[Explanation is that it is not only to sign it but to take advantage of the opportunity to talk to the cursillistas.]

When preparing the Mass for tomorrow remember, it should be participatory but as simple as possible without complicating it with uncommon "additions" different to normal everyday life. Bear in mind that in the Cursillo we proclaim that what we have lived on the Cursillo weekend serves as the model for everyday life.

Advise the team that during the Total Security Rollo, they must take the Group Reunion seriously.

Do not waste time getting dressed up for the Clausura.

If the new cursillistas ask questions about the Clausura, answer briefly without putting too much emphasis on it.

Discuss how the "Mañanitas" will happen.

Think about the group photo and when we should ask the new cursillistas to pay for the cost of the weekend.

Remember that tomorrow afternoon guests may come to join in the Group Reunion

Do not extend this meeting more than necessary as we need to get up early tomorrow for the "Mañanitas".

End the night the same way as the night before with a brief visit to the chapel to give thanks.

## **SCHEDULE: THIRD DAY - THREE DAY CURSILLO**

### **6.55 am First bell. "MAÑANITAS"** **(See APPENDIX 13: Mañanitas)**

It is important to wake everybody up.

[Team Leaders join the community who have come to sing the Mañanitas song.]

The Team Leaders must devote their attention to spot any new cursillista who might feel alone because amongst the visitors attending the "Mañanitas" there is no relative or close friend of his. None of them should feel alone.

Do not forget that the "Mañanitas" is primarily dedicated to the new cursillistas. Each leader will pay attention to the cursillistas of his Table Group: if they are all present, if they are alone, and so on.

This encounter with the community should not last too long; because it would eventually run out of steam. Besides, it could also hinder the progress of the weekend.

When the Rector discreetly suggests it, we must say goodbye to the visitors attending the "Mañanitas". Once they have left, we will ring the bell to go to the chapel.

### **7:45 am Chapel**

Morning prayers and offering of works (*Pilgrim's Guide*, page 19)

Preparatory prayer before Meditation (*Pilgrim's Guide*, page 28)

**Meditation: "Christ's Message to the Cursillistas"**

Thanksgiving after Meditation (*Pilgrim's Guide*, page 29)

### **8:15 am Breakfast and free time**

At the end of breakfast the Rector will inform everyone that upon leaving the dining room a photograph of the whole group will be taken.

### **Group Photo.**

### **9:00 am ROLLO: "STUDY OF THE ENVIRONMENT"**

Before the rollo, the Rector will inform them that today there will be no posters, in order to have more time for getting to know each other better and to get better acquainted with Christ in our visits to the Blessed Sacrament.

## THIRD DAY

It is important, however, to continue taking notes.

After the Rollo the Rector will inform the cursillistas that the blank pages left in the Pilgrim's Guide (as from page \_\_\_\_\_ onward) are for the signatures of the Team Leaders and Spiritual Advisors. He will point out that there will be plenty of time throughout the day and therefore no one needs to line up to get an autograph.

### **10:45 am ROLLO: "LIFE IN GRACE."** **See APPENDIX 14 – SERVICE SHEET**

Hand out Service Sheets and make sure Spiritual Advisor knows that this has been done.

### **12:00 pm MASS**

Emphasize the importance of the Mass on Sunday, making it participatory but always within the normal limits. To this end and if possible, seats are positioned so that everyone can see each other, and everyone participates in the prayers of intercession, singing, and the sign of peace.

In the Cursillo weekend there is no place for “all kinds of additions or things not normally done in everyday life”.

[This Sunday Mass is simply what they will experience when they return to their environments and attend Sunday Mass in their parish, therefore it is part of the weekend experience and not included as part of the Clausura.]

### **1:00 pm Lunch**

After lunch, before giving thanks, the Rector will explain the cost of the Cursillo weekend, the meals and the materials. He will hand out envelopes so everyone can pay their share, but each one will put in the envelope what they want and can. If anyone does not have enough money to pay for his share, he should not worry, and if some people want to pay more than their share, we thank them. This is called the ‘moment of pain talk’.

### **2.00 pm ROLLO: “CHRISTIANITY IN ACTION”**

After this Rollo the Rector will establish the groups that will form the Group Reunions after the “Total Security” Rollo, including the Rector. He will bring together those that it has been noticed have formed an affinity for each other throughout the weekend, or those who usually frequent the same environment. We will combine the Team Leaders and visitors according to the same criterion.

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It is advisable that to form the groups the Rector requires the cooperation of one of the Team Leaders.

Prepare the list of the 'distinguished visitors' [irony] who have agreed to speak at the Clausura and the name of the person who will let them know that they will be called upon to speak.

### **3:00 pm ROLLO: "CURSILLISTA BEYOND THE CURSILLO"**

[There are no summaries after this Rollo.]

### **3:30 pm ROLLO: "TOTAL SECURITY"**

Before the "Prayer to the Holy Spirit", the Rector will announce that some friends have been invited to join us and are here to live with us the last hours of the weekend. He will introduce them and ask them to stand up and will ask for applause for them.

The visitors will have joined the Cursillo weekend during the previous break.

At the end of the Rollo, which ends up talking about the Ultreya, the new cursillistas will be informed of the place and time where the weekly Ultreyas are held.

The Ultreya is offered as a service rendered, not as an obligation with which they have to comply.

After the Total Security Rollo everyone will do Group Reunion.

[This is an actual Group Reunion.]

The Rector forms the Group Reunions. The new cursillistas and visitors will be formed into groups with a Team Leader, one of the visitors and some new cursillistas in each group. They will be grouped by environments or friendships that have been observed during the Cursillo weekend.

[Visitors come in, never more than three depending on the number of new cursillistas; this is to ease them in to the first Ultreya. There will most likely be more Group Reunions than Table Groups.]

This is not a test or a simulation Group Reunion for the new cursillistas to see how it is done, but an actual Group Reunion where everybody will share experiences lived during the Cursillo weekend and talk about their apostolic plans after the Cursillo weekend.

The Three Day Cursillo weekend is just the beginning of a process of friendship that must be cultivated. Therefore, during the Group Reunion which is held after the "Total Security" Rollo, we should try to find out from each new cursillista if they will have the possibility of attending the Ultreya. In case someone cannot attend Ultreya for reasons

### THIRD DAY

of work or any other cause, we will try to specifically fix the possibility of post-weekend meetings with him.

After the Group Reunions the Rector will explain the proceedings of the Clausura.

We will inform them that a representative of each Table Group, chosen by the members of the same, will speak [sharing briefly what the Cursillo has meant to the whole Table Group] and then, “jumping in with both feet”, the other new cursillistas who wish to, may do so.

[Those who spoke on behalf of the Table Group are encouraged to also share what it has meant to them individually.]

It is important to stress the fact that no one is obliged to speak and those who will speak do not have to thank anyone, but instead talk about what they have experienced.

We have to explain that all those visitors attending the Clausura have in their turn attended a Three Day Cursillo weekend and know what it is about. After the new cursillistas have spoken, it will be the ‘distinguished visitors’ and the Team Leaders’ turn to speak.

At the end of the Clausura every new cursillista will be given his Service Sheet. Therefore, we must make sure we find an opportunity to remind the cursillistas to give their Service Sheets to the Spiritual Advisors, if they have not done so yet.

[The Spiritual Advisor will tell the Rector if there are any that are missing. If, after the reminder, someone has not handed in their Service Sheet nothing is said.]

Break of fifteen minutes for everyone to pack.

During the break, some of the leaders will prepare the place where the Clausura will be held.

During the break the Team Leaders will try to build bridges vis-à-vis the Postcursillo, if they have not been able to do it during the afternoon or at the Group Reunions.

One of the Team Leaders will inform the ‘distinguished visitors’ who have been asked to speak during the Clausura.

It’s time now to settle the bill with the head of the retreat house and pay for the accommodation and food, if it hasn’t been done previously.

[This will depend on the facility and the arrangements that have been made.]

At this moment we ask for a round of applause for the people who have served us over the three days.

[This may be the retreat house staff or the kitchen team.]

It is important not to delay the start of the Clausura. We must strive to be punctual.

## THIRD DAY

The entry into the room where the Clausura will be held will be accompanied by singing of "De Colores."

[The Cursillo community who are attending the Clausura are already seated in the place where it will be held.]

### **5.00 pm CLAUSURA** **(See APPENDIX 15: The Clausura)**

After saying the Prayer to the Holy Spirit, the Rector will explain what this act is about, with warnings to the people who attend such a ceremony for the first time that it is not a matter of giving advice to anybody but of talking about personal experiences and witnessing what has been lived.

Before leaving, the Team Leaders will say goodbye to each one of the new cursillistas. They will have previously found out whether everybody has some means of transportation to return home or not, if necessary they will arrange it.

### **6:15pm The Team Leaders will give thanks before the Blessed Sacrament**